



breakfast

gluten-free

MSC Cruises takes all possible precautions to ensure that the food offered to its guests is of the highest quality. Certain foods may have been frozen. These foods are defrosted using the most scrupulous procedures that do not alter the organoleptic qualities of the products. We advise that eating raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. All menus are subject to change depending on gluten-free product availability. All dishes are available slightly salted or unsalted.

0013MED - Breakfast Celiaci - ING



Fresh Fruit

Selection of fresh fruit

Yogurt

Assorted fruit flavours or plain

Assorted Cereals

Cornflakes, cereal and fruit müsli

Jams and Preserves

Fruit jams, honey, butter

Bakery Products

Croissants, muffins, plum cakes

Bread

White rolls, sliced rice and buckwheat bread,
sliced white or country bread

Eggs

Your choice of eggs made to order:
scrambled, fried, poached or hard-boiled (from 3 to 8 minutes)

Charcuterie

Ham, prosciutto, salami

Cheese

Emmental and Fontal

Beverages

Selection of teas, instant coffee, whole or semi-skimmed milk

Fruit Juices

Orange, pineapple, tropical, grapefruit

*If you have any allergies or sensitivity to specific foods,
please notify our Maître d'Hôtel before ordering.*